



# MedStar National Rehabilitation Hospital

## **INFORMATION FOR PHYSICAL THERAPY AFFILIATES** at MedStar NRH, Irving Street

### **Upon Arrival:**

The Inpatient Physical Therapy service is located 2 West on the second floor of the hospital. We will look for you on your first day with us. You may ask someone at our security desk to guide you.

### **Service Hours:**

Inpatient PT service hours are 7:30-5:30PM Monday through Friday, 8:00- 4:30p.m. on Saturdays & Sundays. Your Monday through Friday hours may vary. Students will be expected to work 1-2 Saturdays toward the end of their affiliation. A modified 5 day work schedule will be in place when working a weekend/holiday date. In addition, Saturdays/holidays may be used as make-up days for illness or absence. Students are typically not expected to work on holidays.

### **Dress Code:**

Our dress code is “**casual professional**”. Pants & tops should look professional & be in good repair. Footwear should be fully enclosed. Sneakers allowed.

NOT ALLOWED: Jeans, shirts with logos, t-shirts, open-toed shoes, scrubs, sweat suits, overalls, tight, low-cut, see-through and revealing clothing. If you are not sure, about your clothing choice, ask a supervisor. Students who do not abide by our dress code will be sent home & the day made up at the discretion of the CCCE. Professionalism is of the utmost importance.

**Personal pagers and cell phones are not permitted to be used during working hours and if brought to the hospital, should be stored in a secure location.** NO Gum chewing during work hours.

### **What to Bring:**

- Relevant text books and class notes in neurology, therapeutic exercise and rehab.
- Watch with a second hand
- Black pen/pencil

### **Lockers:**

Students will have a small locker to store their personal belongings. We recommend that you do not bring anything valuable to the hospital. Shared desk space will be available.

**Parking and Transportation:**

You can either drive or take public transportation (metro, or bus) to MedStar NRH. Please see Getting to MedStar NRH or visit the Directions to MedStar NRH page on our website. Free shuttle buses to and from the hospital are available at the Brookland-Catholic University Red Line Metro Stop or the Columbia Heights Green Line Metro. Visit the Metro website for more information on public transportation. If you choose to drive on your 1<sup>st</sup> day, you may park in one of the on-campus garages at a cost of approximately \$12/day. Human Resources can guide you regarding our offsite parking while you are here on your clinical rotation. You will fill out paperwork and submit a **\$40 deposit**, which is returned at the completion of your clinical rotation. Free shuttle service is provided from offsite parking lots.

**Meals:**

The NRH dining room is open for breakfast and lunch. Students are entitled to an employee discount (approx. 3%) with a hospital ID. A refrigerator and microwaves are available in the service area for staff use. A vending area where candy, sandwiches, drinks, etc. are sold is located in the dining room. There is also a Starbuck's Atrium Café in the main lobby.

**Housing:**

We do not provide housing as part of the affiliation. Websites such as Craig's list; apartments.com and other websites may be of assistance to you.

**Orientation:**

Hospital wide orientation (called "Traditions") is held the second and fourth Mondays of the month (unless it's a holiday week) from 7:30-4 p.m. We'll notify you if you are to attend orientation on your first day. If your first day doesn't fall on an orientation week, we'll have you attend the following week. Your orientation to the physical therapy service will be conducted by your CI/CCCE during your first week at MedStar NRH.

**Questions:**

Please feel free to contact Maria Summers, PT CCCE at 202-877-1562 or via e-mail at: [maria.m.summers@medstar.net](mailto:maria.m.summers@medstar.net)