

PGY-1 Didactics - Fridays 1-4 PM		Key:	Psychotherapy Workshop	Neurosci/Neuropsych				
			Clinical Skills Workshop	Journal Club				
			Phenomenology	Other Topics				
	Eval Link	<a href="https://bit.ly/evaldidactics">https://bit.ly/evaldidactics</a>	Wellness	Forensics				
	Anon Feedback	<a href="http://bit.ly/guhspsychform">http://bit.ly/guhspsychform</a>	Anti-Racism Curriculum	Professional Development				
Block 1	Date	1:00 - 2:00 pm		2:00 - 3:00 pm		3:00 - 4:00 pm		Location
Depression	6/21/24	Orientation Onboarding						
	6/28/24	Liaising with the ER	Matuella	Intro to Journal Club	Dillard	Wellness	Ela	2115
	7/5/24	Psychotherapy Workshop: Intro to supportive psychotherapy	Liao	Psychotherapy Workshop: Patient interview	Liao	Independent Study	N/A	5W
	7/12/24	Suicide Risk Assessment	Schreiber	Evaluation of Patients in the ER	Schreiber	Independent Study	N/A	2115
	7/19/24	Phenomenology: Depressive disorders	Ben Cheikh	Antidepressants	Ben Cheikh	Journal Club #3: STAR-D	Bolton/Ben Cheikh	2115
	7/26/24	Psychopharmacology Overview	Matuella	Psychopharmacology Overview	Matuella	Professional Development: Giving effective feedback	Stewart	2115
	8/2/24	Intern Year Game	Akil	Intern Year Game	Akil	Intern Year Game	Akil	2115
	8/9/24	Biopsychosocial Formulation	Esiobu	Interdisciplinary Work	Clark	Wellness	Ela	Virtual
	8/16/24	Journal Club #2: Ketamine	Cho/Leto	Professional Development: Available Resources at Dahlgren	Hartmann	Chief Check-In	Chiefs	Virtual
Block 2	8/23/24	Phenomenology 3: Psychosis I	Salmassi	Phenomenology 4: Psychosis II	Salmassi	Neurosci/Neuropsych: 3D Brain Exercise/W/	Akil	2115
Psychosis	8/30/24	Journal Club #3: CATIE	Noh/Salmassi	Antipsychotics	Xiong	Antipsychotics Part 2	Xiong	2115
	9/6/24	Psychotherapy Workshop: Patient interview	Ela	Psychotherapy Workshop: Patient interview	Ela	Wellness	Ela	5W
	9/13/24	Involuntary hospitalization	Pilgrim	Involuntary hospitalization	Pilgrim	Independent Study	N/A	2115
	9/20/24	Neurosci/Neuropsych: Depression	N/A	Neurosci/Neuropsych: Depression	N/A	Chief Check-In	Chiefs	Virtual
	9/27/24	Intro to Women's Mental Health	Matuella	Intro to Perinatal Psychopharmacology	Matuella	Neurosci/Neuropsych: Catatonia	Akil	2115
Block 3								
Personality d/o	10/4/24	Journal Club #4: RAISE	Kang/Movsesova	CSA's and Severe Mental Illness in the DMV	Allen	Psychoeducation	Perras	Virtual
Trauma	10/11/24	Phenomenology 12: Personality disorders	Movsesova	Phenomenology 12: Personality disorders II	Movsesova	Neurosci/Neuropsych: Adult Attachment Style	Akil	2115
	10/18/24	Managing Personality, Antisocial Behaviors, and Malingering in the ER	Schreiber	How to Manage A Consult	Schreiber	Independent Study	N/A	Virtual
	10/25/24	Mental Health Resources in DMV (virtual)	Simpson	Anti-Racism Curriculum	Bandealy/William	Anti-Racism Curriculum	Bandealy/William	2115
	11/1/24	Neurosci/Neuropsych: Epigenetics and Trauma	Akil	Good Psychiatric Management of Borderline PD	Akil	Inpatient Documentation	Leto/Hamilton	2115
	11/8/24	Psychotherapy Workshop: Motivational Interviewing	Kaltman	Psychotherapy Workshop: Patient interview	Kaltman	Chief Check-In (virtual)	Chiefs	5W
	11/15/24	Phenomenology 6: Trauma and related Disorders	Yin	Mini-PRITE: Trauma and Related Disorders	Yin	Journal Club #5: ACES study	Sheriff/Yin	2115
	11/22/24	Clinical Skills Workshop #1: Patient interview (Vitale)	Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Bandealy	Wellness	Ela	5W
	11/29/24	Thanksgiving						
Miscellaneous	12/6/24	Professional Development: Teaching How to Teach	Epstein	Intro to ADHD (virtual)	Rao	Intro to ADHD treatments (virtual)	Rao	2115
	12/13/24	Clinical Skills Workshop #2: Patient interview (Kehne)	Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Bandealy	Wellness	Ela	5W
	12/20/24	Chief Check-In (virtual)	Chiefs	Neurosci/Neuropsych: Functional Neurological Disorders	Akil	Independent Study	N/A	2115
	12/27/24	Christmas						
	1/3/25	New Years						
Block 4	1/10/25	Phenomenology: Anxiety disorders	McGehee	Antianxiety Agents	McGehee	Mini-PRITE: Anxiety disorders	McGehee	2115
Bipolar	1/17/25	Clinical Skills Workshop #3: Patient interview (Galla)	Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Bandealy	Wellness	Ela	5W
Anxiety	1/24/25	Bipolar Disorder - Diagnosis	Taylor	Bipolar Disorder - Acute Mania	Taylor	Journal Club #6: STEP-BD	Taylor/Fezza	Virtual
OCD	1/31/25	Bipolar Disorder - Bipolar depression	Pacheco	Bipolar Disorder - Bipolar Maintenance	Pacheco	Mini-PRITE: Bipolar and Related Disorders	Pacheco	2115
	2/7/25	Psychotherapy Workshop: Psychodynamic Listening	Liao/Ela	Psychotherapy Workshop: Patient interview	Liao/Ela	Wellness	Ela	5W
	2/14/25	Independent Study	N/A	Independent Study	N/A	Independent Study	N/A	5W
	2/21/25	Neurosci/Neuropsych: The Neurobiology of Fear	Akil	Pharmacology of Bipolar Disorder	Xiong	Pharmacology of Bipolar Disorder	Xiong	2115
	2/28/25	Phenomenology: Obsessive-Compulsive Disorder	Kania	Obsessive-Compulsive Disorder Treatment	Kania	Mini-PRITE: OCD	Kania	2115
Block 5	3/7/25	Delirium	Hamilton	ASCP: MINI-PRITE - Delirium	Hamilton	Journal Club #7: Delirium	Hamilton	2115
Neurocog d/o	3/14/25	Clinical Skills Workshop #5: Patient interview (Wierbowski)	Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Bandealy	Acute anxiety management in the severely mental	Abdallah (virtual)	5W
Delirium	3/21/25	Resident Retreat						
	3/28/25	Clinical Skills Workshop #6: Patient interview (Duffy)	Bandealy	Clinical Skills Workshop: Psychiatric interview techniques	Bandealy	Chief Check-In	Chiefs	5W
	4/4/25	Principles of geropsychiatry	Sabai	Principles of geropsychiatry	Sabai	Neurosci/Neuropsych: The Biopsychosocial Perspective	Akil	Virtual
	4/11/25	Phenomenology: Sleep disorders	Huml	Sleep psychopharmacology	Huml	Mini-PRITE: Sleep	Huml	2115
	4/18/25	Phenomenology: Neurocognitive Disorders	Lee	Treatment of Neurocognitive Disorders	Lee	Journal Club #8: Assessment of patients' competencies	Lee	2115
	4/25/25	Wellness	Ela	Neuroscience/Neuropsychiatry: Movement disorders	Anderson	Neurosci/Neuropsych: Conversion Disorder	Anderson	2115
	5/2/25	Clinical Skills Workshop #7: Patient interview (Girgis)	Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Bandealy	Wellness	Ela	5W
Block 6	5/9/25	Psychotherapy Workshop: Personality Disorders	Liao	Psychotherapy Workshop: Patient interview	Liao	Opportunities for Scholarly Activities in the Department	Hoge	5W
Substance Use	5/16/25	Phenomenology: Alcohol Use Disorder	Khan	Mini-PRITE: Alcohol Use Disorder	Khan	Journal Club #9: COMBINE	Khan	2115
	5/23/25	Elective Planning	Akil/Rising Edu CH	What is Forensic Psychiatry? (virtual)	Wilf	Anti-Racism Curriculum	Bandealy/William	2115
	5/30/25	Phenomenology: Substance Use Disorders	Chen	Substance Use Disorders	Chen	Mini-PRITE: Substance Use Disorders	Chen	2115
	6/6/25	Clinical Skills Workshop #8: Patient interview (Briker)	Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Bandealy	Wellness	Ela	5W
	6/13/25	Neurosci/Neuropsych: OUD perpetual hunger	Akil	Neurosci/Neuropsych: OUD treatment guidelines	Akil	Rising Chief Check-in & Primer for PGY-2 year	Rising Chiefs	2115
	6/20/25	Psychotherapy Workshop: Group Therapy	Liao/Ela	Psychotherapy Workshop: Group Therapy	Liao/Ela	Wellness	Ela	5W

PGY 1 Bootcamp schedule (WEDNESDAYS 4:30 PM to 5:30 PM)			
Date	4:30 - 5:30 pm		Location
6/19/24	Psych On Call: Triage & Approach to a Consult	Leto/Ben Cheikh	Virtual
6/26/24	<b>BOOTCAMP CANCELED</b>		
7/3/24	Decisional Capacity	Liao	Virtual
7/10/24	Intoxication and withdrawal management	Raatjes	Virtual
7/17/24	Suicide Risk Assessment	Akil	Virtual
7/24/24	Delirium	Liao	Virtual
7/31/24	Self-care and resilience	Tsai	Virtual
8/7/24	Professionalism and Communication	Epstein	Virtual
8/14/24	Violence Risk Assessment	Raatjes	Virtual
8/21/24	Basic interviewing and mental status exam	Bandealy	Virtual
PGY-1 JOURNAL CLUBS			
	Article		Intern / Teacher
6/28/24	Intro to Journal Club		Dillard
7/19/24	STAR*D: Sequenced Treatment Alternatives to Relieve Depression Study		Bolton/Ben Cheikh
8/16/24	Antidepressant Efficacy of Ketamine in Treatment-Resistant Major Depression		Cho/Leto
8/30/24	CATIE: Clinical Antipsychotic Trials of Intervention Effectiveness		Noh/Salmassi
10/4/24	RAISE: Recovery After an Initial Schizophrenia Episode project		Kang/Movesova
11/15/24	ACES: The Adverse Childhood Experiences Study		Sheriff/Yin
1/24/25	STEP-BD: Systematic Treatment Enhancement Program for Bipolar Disorder		Fezza/Taylor
3/7/25	Delirium in Older Persons: Advances in diagnosis and treatment		Lacap/Hamilton
4/18/25	Assessment of patients' competence to consent to treatment		Ekey/Lee
5/16/25	COMBINE study		Lim/khan