

THE DAY BEFORE YOUR PROCEDURE CHECKLIST

Medication(s)

- Prepare a list of all your current prescribed, over-the-counter, vitamins and herbal medications to bring to the hospital on the day of your procedure.
 - Even if you have reviewed this information with your surgeon's office or the Pre-Anesthesia team, a pre-op nurse or clinician **must** confirm your medications and allergies on the day of your procedure to ensure nothing has changed. Having a well-prepared list will assist in a smooth day of the surgery process.
 - The list should include:
 1. Name(s), Dosage(s), Frequency (e.g., 2x day, daily, weekly, etc.), Last time taken (each medication)
 - Please include any medication(s) that have caused you to have an allergic reaction and what that reaction is.
 - On the morning of your procedure, you will take the medication(s) according to the instructions provided by your surgeon and/or the Pre-Anesthesia team.

Shower/Bathing

- If the patient was instructed to complete pre-op bathing/shower or wipes, please follow the pre-op bathing instructions per the surgeon's office.
 - Depending on the patient's type of procedure, bathing instructions may include Hibiclens. If so, please follow the surgeon's instructions. If you have questions, please contact the surgeon's office directly.
- Do not shave your surgical area before your procedure. It will be done by the hospital staff.
- Remove all makeup, fingernail polish, piercings/jewelry, etc. from your body

Transportation

- Arrange to have a responsible adult (at least 18 years of age) drive or accompany you home after your procedure (if using public transportation).
 - We recommend that the person stay with you for 24 to 48 hours after the procedure.
 - If you are unaccompanied on the day of the procedure, your procedure will be rescheduled or canceled.

Dependent Care

- Plan for someone to care for all dependents (children and adults) during your surgical stay.

Other Important Information

- Leave valuables, large amounts of cash, credit cards, and jewelry at home or with a friend for safekeeping.
 - The hospital is not responsible for lost/stolen items.
- Have storage cases for contacts, glasses, dentures, etc., during your procedure.

Procedure times are subject to change. You may receive a phone call from hospital staff or your surgeon's office the evening before informing you of your new procedure time. Please contact your surgeon's office if you have **ANY** questions about your surgical date or time.