

THE DAY OF YOUR PROCEDURE CHECKLIST

Medication(s)

- Take your medication(s) according to the instructions provided by your surgeon and/or Pre-Anesthesia.
- Confirm that you have a list of all your current prescribed, over-the-counter, vitamins, and herbal medications to bring to the hospital.
 - Even if you have reviewed this information with your surgeon's office or the Pre-Anesthesia team, a pre-op nurse or clinician **must** confirm your medications and allergies on the day of your procedure to ensure nothing has changed. Having a well-prepared list will assist in a smooth day of the surgery process.
 - The list should include:
 1. Name(s), Dosage(s), Frequency (e.g., 2x day, daily, weekly, etc.), Last time taken (each medication)
 - Please include any medication(s) that have caused you to have an allergic reaction and what that reaction is.
 - Do not bring any medications to the hospital unless instructed by your surgeon's office or the Pre-Anesthesia team. The hospital will provide medication(s) as needed.

Shower or bathing

- Shower/bathe the morning of your procedure following the pre-op bathing instructions/recommendations per your surgeon's office.
 - Depending on the patient's type of procedure, your bathing instructions may include Hibiclens. If so, please follow your surgeon's instructions. If you have questions, please contact your surgeon's office directly.
- Do not shave your surgical area before your procedure. It will be done by the hospital staff.
- Brush your teeth.
- Do not wear makeup, jewelry, perfumes, or lotions. You may use a little deodorant.
- Wear clean, loose-fitting clothes and low-heeled shoes.
- Ensure all fingernail polish and all body piercings have been removed.

Transportation

- Have a responsible adult (at least 18 years of age) drive or accompany you home (if using public transportation).
 - If you receive anesthesia, we recommend that the person stay with you for 24 - 48 hours after the procedure.
 - If you are unaccompanied on the day of the procedure, your procedure will be rescheduled or canceled.
- Bring money for parking payment.

Registration

- Bring your photo identification (ID), insurance card, and money to pay your copayment.

Other Important Information

- Do not smoke before/on the day of your procedure.
- Leave valuables, large amounts of cash, credit cards, and jewelry at home or with a friend for safekeeping.
 - The hospital is not responsible for lost/stolen items.
- Have storage cases for contacts, glasses, dentures, hearing aids, etc., during your procedure.
- If applicable, bring your cane and/or inhaler(s)