

## Urinary Symptom Questionnaire for Neurogenic Bladder - Intermittent Catheterization (USQNB - IC)

### ACTION NEEDED\* (A)

- Feeling feverish
- Increase tone/spasticity (not bladder spasms)
- Bladder spasms frequency/discomfort
- Abdominal/ suprapubic pain
- Dizziness
- Headache
- Autonomic Dysreflexia
- Difficulty thinking, mental fogginess, forgetfulness, confusion

\_\_\_\_\_ Total "Action Needed" Symptoms\*

\* For nonverbal children, two items are considered A (action needed) but for adults these two items are included as constitutional (C): Irritability (c5 for adults) and Increase in fatigue, lethargy, or weakness (c1 for adults).

### BLADDER (B1)

- Change in quality of pain when passing urine
- Change in quality of pain during catheterization
- Incontinence/ urine leakage
- Urinary urgency
- Increase in catheterization frequency
- Decreased catheter volume
- Blood in urine

\_\_\_\_\_ Total "Bladder" Symptoms

### URINE QUALITY (B2)

- Worse-smelling urine
- Darker urine
- Cloudier/ sediment in urine

\_\_\_\_\_ Total "Urine Quality" Symptoms

### OTHER (C)

- Increase in fatigue, lethargy, or weakness
- Loss of appetite
- Malaise/ feeling unwell
- Altered sleep patterns
- Muscle aches
- Increase in positional pain
- Back pain
- Pain in the legs
- Nausea
- Change in bowel patterns
- Generalized abdominal discomfort or bloating
- Irritability

\_\_\_\_\_ Total "Other" Symptoms

Symptom Category	Total
Action Needed (A)	
Bladder (B1)	
Urine Quality (B2)	
Other (C)	

