



MedStar Georgetown
University Hospital

Department of Anesthesia

Title:

Preoperative Prep – Diabetic Patients

Policy Number:

9057

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Page:

1

Last Revised: January 24th, 2008

Attachment:

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None

Guideline: Diabetic patients undergoing anesthesia must meet established criteria prior to commencement of their surgical procedure.

General/Regional/MAC Anesthesia:

1. NPO after midnight may have clear liquids up to 6 hours pre-op.
2. Hold oral hypoglycemic agent or insulin unless otherwise specified by private physician.
3. For Insulin dose, refer to department policy #9063.
4. Blood sugar is determined on arrival to the surgery center holding area. Anesthesia team should be notified if blood sugar is less than 80, greater than 300 or patient is symptomatic.
5. Use normal saline IV infusion if blood glucose is greater than 100. If blood glucose is less than 100, IV fluid should contain glucose.
6. Blood sugar should be repeated again on arrival at PACU. Anesthesia or the surgical service should again be notified if blood sugar level is less than 80, greater than 300 or if patient is symptomatic.
7. Insulin Dependent Diabetic Patients should report to pre-operative area at least 2 hours prior to surgery.

Russell T. Wall, MD
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