

Department of Anesthesia

Title:

Same Day Surgery Discharge

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Attachment:**POLICY:**

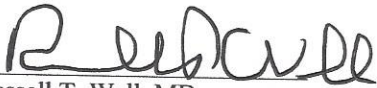
Patient must meet the established criteria prior to discharge from the Same Day Surgery Unit.

PROCEDURE:

- I. Discharge criteria are used to determine clinical readiness for discharge from Phase II areas unless otherwise indicated by the assigned anesthesiologist.
- II. Standard discharge criteria for patient 13 years of age and older who have undergone general, regional, and/or MAC include:
 - a. Vital signs stable, blood pressure is within 20% of preoperative baseline.
 - b. Pain relief is adequate.
 - c. Able to void as appropriate. This is not an absolute requirement. A patient who does not void prior to discharge is given instructions/parameters to contact private MD or ER.
 - d. Minimal nausea and vomiting.
 - e. No excessive or unexpected bleeding.
 - f. Oriented to time, place, person, and situation or returned to baseline.
 - g. Able to ambulate without significant dizziness, as appropriate for baseline, and as appropriate for surgical procedure.
 - h. Absence of respiratory distress.
- III. Discharge criteria for patient equal to or less than 13 years of age who have undergone general, regional, and/or moderate sedation/MAC include:
 - a. Vital signs stable and appropriate for age.
 - b. Pain relief is adequate.
 - c. Level of consciousness appropriate for developmental level.
 - d. Able to ambulate appropriate for age, baseline and surgical procedure.
 - e. Able to swallow fluids.
 - f. Minimal nausea, vomiting, dizziness.
 - g. Absence of respiratory distress or croup.
 - h. All patients must stay a minimum of 1 hour following surgery, unless otherwise indicated by anesthesiologist and/or Surgeon.
- IV. The following requirements apply to all patients discharged from Phase II areas:
 - a. The assigned nurse must document that the patient meets discharge criteria.
 - b. A discharge order must be documented in the medical record.
 - c. The assigned nurse will provide verbal and written postoperative instructions to patient and/or responsible adult and validate.

- d. Patient undergoing general anesthesia are required to have a responsible adult provide transportation home and remain with the patient for 24 hours after discharge.
 - e. Patient undergoing moderate sedation/MAC, are required to have a responsible adult provide transportation home.
 - f. Patients undergoing local anesthesia may drive home and are not required to have a responsible adult present at the time of discharge.
- V. Patients undergoing spinal or epidural anesthesia must return to baseline motor and sensory functions prior to discharge.

Any patient who does not meet the discharge criteria listed above may be changed to inpatient/observation status for overnight admission to the hospital or assigned to the observation unit.



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