

Department of Anesthesia

Title:

Resident Duty Hours

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Page:

2

Attachment:

None

1. Purpose

- a. To establish a policy for post-graduate training in Anesthesiology at MedStar Georgetown University Hospital to monitor and schedule appropriate work/duty hours of house officers.

2. Scope

- a. This policy will apply to the Anesthesiology Residency Program at MedStar Georgetown University Hospital. All information contained in this policy shall be used as minimum criteria for house officer duty hours.

3. Definitions

- a. House staff or House Officer refers to all residents enrolled in a MedStar Georgetown University Hospital post-graduate training program.
- b. Post-Graduate Training Program refers to a residency accredited by the ACGME for the purpose of clinical education

4. Responsibilities/Requirements

- a. The Program Director is responsible for the duty schedules in his/her respective department. The Program Director is responsible for making the ultimate decisions regarding scheduling hours for all house officers within the scope of their supervision.
- b. The On-Call schedule will be tailored to meet the program requirements set forth by the Accreditation Council for Graduate Medical Education (ACGME).
 - i. In general, house officers shall not be scheduled to work excessive duty and/or on-call hours. Duty hours must comply with the specific program requirements.
 - ii. House officers, on average, should be given one day out of every seven free of duty.
 - iii. House officers should not take call more frequently than every third night.
- c. On a periodic basis, program director will review their duty hours/schedules and processes for ensuring compliance of their schedules with the Graduate Medical Education Committee
- d. Any house officers working excessive hours, as mentioned above, should report the situation to the Vice President for Medical Affairs

5. “Moonlighting”

- a. The study of Anesthesiology requires full-time application, not only for self-education, but also so that the best medical care can be given to patients, both during residency and in the future, therefore no external moonlighting is allowed.
- b. Internal moonlighting is allowed and will be compensated by the Department (see separate policy on moonlighting). This will be allowed to (1) permit residents to volunteer to fill last-minute monthly schedule changes, (2) ensure no resident is on call more than 6 days in a row and (3) to allow the resident to earn additional monies to satisfy educational loan payments.

The Department reserves the right to modify this policy at any time.

Russell T. Wall, MD
Chief of Service, Anesthesia