

# Medstar Georgetown University Hospital

## Breast Surgery/Anesthesia Enhanced Recovery After Surgery (ERAS) Pathway

### Anesthesia Equipment

- BIS Monitor

### Preoperative Clinic

#### ► Surgical Clinic

- Explain surgical approach and enhanced recovery criteria and expectation
- Explain npo instructions
- Schedule Anesthesia Preop Clinic visit same day as surgeon office visit if indicated
- Smoking cessation counselling

#### ► Anesthesia Clinic

##### Optimize Hgb

- Draw labs (CBC, BMP, coags)
- Reinforce ERAS
- Clear liquid/high carbohydrate drink up to 2 hours prior to surgery (20 oz gatorade)
  - Phone call week leading up to surgery to ensure patient's questions answered

### Preoperative Holding

- Reinforce NPO: can drink up to 2 hours before surgery
- Gatorade given prior to nuclear medicine appt
  - Will be available in sds holding
- Anesthesia team to order preop meds if indicated
- **GABAPENTIN 600 mg PO**
- **CELEBREX 400mg PO --Contraindicated if SULFA allergy, CrCl<30 mL/min**
- **AM Admit/ 23hr Obs -ACETAMINOPHEN 1000 mg PO**
- **Scopolamine patch** if GA planned

### Intraoperative

## Antibiotics

### -Surgeon preference

#### ► For local/MAC case:

- **Midazolam PRN**
- **Propofol gtt**
- **Consider Ketamine 20mg IV +/- gtt at 0.2mg/kg/hr**

#### ► For general case:

- **Consider TIVA for cases <2 hours or for patients with severe PONV**
  - **BIS Monitor for all GA/TIVA**
- Ketamine 20mg IV +/- gtt at 0.2mg/kg/hr
- Decadron 8mg IV at induction
- Ondansetron 4mg IV prior to extubation
- Acetaminophen 1000mg IV (If not given preop)

**DVT prophylaxis--SCDs and early ambulation post op**

## Postoperative

#### ► Day of Surgery

##### SDS

- **Fentanyl PRN**
- **Zofran/ Phenergan PRN**

##### AM ADMIT

- **Fentanyl PRN**
- **Zofran/Phenergan PRN**
- **ACETAMINOPHEN 1000 mg po q8h scheduled**
- **GABAPENTIN 300 mg po q8h**