



MedStar Health

# Welcome to the **Stroke Program**

MedStar Good Samaritan Hospital  
Inpatient Rehabilitation Center  
in partnership with MedStar National  
Rehabilitation Network

A CARF-Accredited Specialty Program

**It's how we  
treat people.**

# Stroke Recovery Program

Stroke is the leading cause of disability in the United States. Recovery from a stroke can be particularly challenging because patients may experience a combination of physical, cognitive, and communication impairments.

The Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) at MedStar Good Samaritan Hospital helps patients recovering from a stroke to reach their highest levels of independence and resume active roles within their families and communities. The program provides:

- A highly skilled group of professionals who plan each patient's care under the direction of a rehabilitation physician (physiatrist) from MedStar National Rehabilitation Network.
- An individualized rehabilitation program is designed to help each patient regain control over personal care, improve functional and cognitive skills, and increase his or her level of independence.
- Care is coordinated by a case manager who helps patients and their families understand the recovery process and consider the options as

patients progress from inpatient care to home health care, outpatient rehabilitation, and or community services.

- Rehabilitation nurses who provide 24-hour care, focusing on increasing independence. Nurses provide bowel and bladder management, skin care, and stroke education.

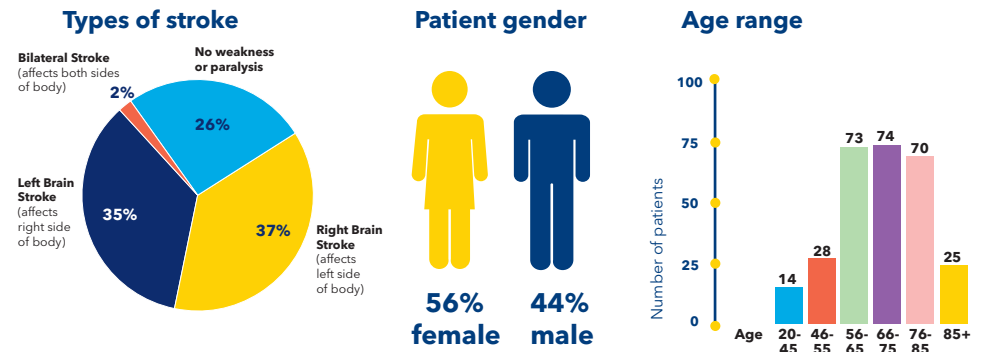
Our clinical staff works together as an interdisciplinary team to design a personalized rehabilitation program for each patient. The team helps patients attain their highest level of functioning and independence.

## What is a typical day like?

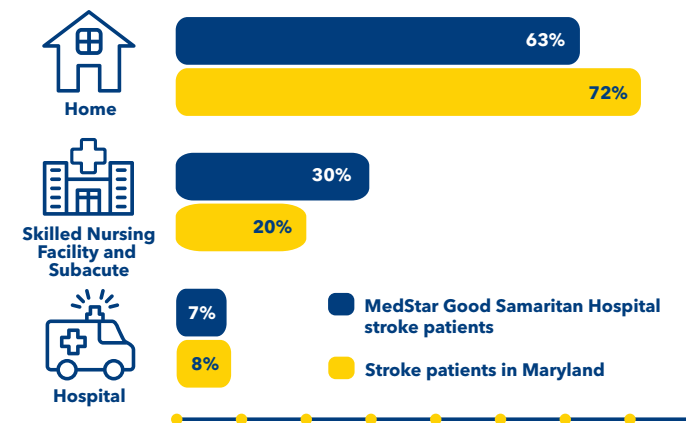
- You will be busy.
- You will receive a daily schedule.
- You will be out of bed and involved in therapy, meals, and other activities as much as possible every day.
- During the fiscal year, which ended June 30, 2023, patients with a stroke received an average of 4 hours of therapy (physical therapy, occupational therapy, speech therapy) a day for a minimum of 5 days per week.
- Most patients participate in individual therapy with occasional group interaction.

## A year in review

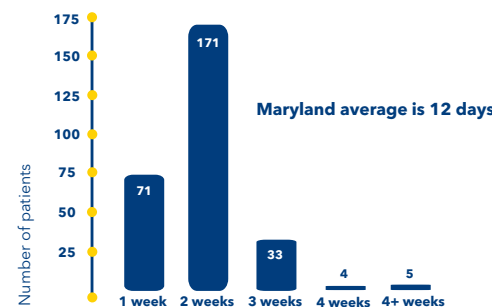
We cared for 284 patients with a stroke during the fiscal year, which ended June 30, 2023. What did our patients look like?



## Where do our patients go after MedStar Good Samaritan Hospital?



## How long did patients stay at MedStar Good Samaritan Hospital?

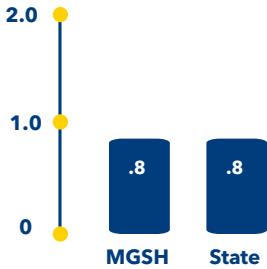


## How effective is our stroke recovery program?

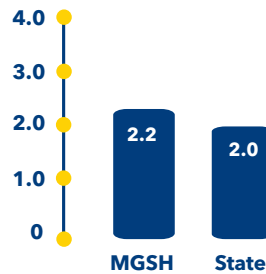
Gains are made by patients across all areas of daily activities including the ability to perform self-care and mobility tasks such as bathing, dressing, using the bathroom, getting in and out of bed, and moving around in one's home and community.

Gains are measured with a standardized rehabilitation tool called Quality Indicators (QI) on a scale of 1 (Dependent) to 6 (Independent).

### Gains in self-care per day



### Gains in mobility per day



## How satisfied were patients?

Satisfaction with MedStar Good Samaritan Hospital 3 months after discharge

(1=Very dissatisfied, 4=Very satisfied)



**3.8/4.0**  
**MedStar Good Samaritan Hospital**



**3.7/4.0**  
**National average**

## What if I have more questions?

Talk to your doctor, nurse, therapist, or any other team member if you have questions, concerns, comments, or feedback. Your team is available to help you. You have a right to ask questions about your care.

### For more information:

- Call the admissions office at **443-444-4701**.
- Take our virtual tour at **MedStarHealth.org/InpatientRehab**.



**MedStar Health**

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