

Personal Network Backup Care

While Care provides a deep network of vetted in-home and in-center Backup Care options, we understand your go-to sitter or center of choice may not be in our network. If you wish to use an existing, out-of-network child caregiver or center, Personal Network Backup Care allows for more flexibility and choice.

Using Your Personal Network:

Personal Network is another option for your Backup Care for children benefit. You can use a caregiver or center of your choice and be easily reimbursed for a portion of the costs that exceed your co-pay.

Unlike when you select a Care in-network Backup Care provider, when you use a caregiver or center from your Personal Network, you are fully responsible for vetting, scheduling, paying, and otherwise engaging with your caregiver or center. You can visit our Safety Center for guidelines on hiring safely.

How To Coordinate And Pay For Care:

When you use Care’s in-network options, we coordinate all of the details. With Personal Network, you must arrange all details, timing, and vetting on your own.

Unlike our in-network caregivers and centers where we handle all payments outside your co-pay, with Personal Network you must pay your caregiver or center up front and submit a claim for reimbursement later in the Care app.

YOUR BENEFITS

INCLUDE:

Care.com Membership
Child & Adult Backup Care

BACKUP CARE WALLET:

Up to 10 days per year
(combined between child and adult care)

BACKUP CARE RATE:

\$8 hour for in-home care
\$15 day/child for in-center care

A Premium Care.com membership and subsidized Backup Care at the advertised rates are available to all MedStar Health associates, with the following exceptions: secondary jobs, PRN, contractor/contingent workers, temps, and students/interns/residents (except medical residents and nurse residents).



Frequently Asked Questions

What kind of information do I need to provide to submit a claim?

- Date and time of care
- Who received care
- Why you needed Backup Care
- Receipt for care that took place
- The amount you paid for care
- Who provided the care and their contact information

Do I need to let you know in advance that I'm using Personal Network?

No. While you're welcome to enter your claim as soon as you realize you need care, you have 30 days after the care takes place to submit the claim.

How do I get reimbursed for care?

For in-home or in-center Personal Network Backup Care you will be reimbursed up to \$125 per day. You're still responsible for your co-pay. Log into your Care account and go to "Reimburse me for care." From this page you can add a claim and upload your receipt. Care that qualifies is work-related Backup Care and cannot include your family's regular care expenses. If your claim is already in the Care system, you can edit and upload your receipt. Once your receipt is approved, Care will send you a reimbursement via direct deposit or by mailed check. Your claim needs to be submitted within 30 days of care. Anything after this deadline will be automatically rejected. After you submit a claim, your Backup Care wallet will be deducted. For adult Backup Care, please call 855-781-1303.

My caregiver/center offered to give me a receipt on their own. What info should it contain?

- The care provider's name, address, and phone number
- Your full name plus your child's full name
- Your child's age
- Type of service and number of hours provided
- Date of service
- Hourly rate and total amount paid, if applicable
- Signature of provider and date signed

How long will it take me to get my reimbursement?

You will need to provide your bank account information to get reimbursement via direct deposit. If you would prefer, we can mail you a check. It can take up to 10 business days after processing your claim to receive your reimbursement.

Is there a receipt template?

Yes, you can download a sample receipt at care.com/media/cms/receipt.pdf. You can also use a receipt from your Personal Network care center or caregiver if it includes all necessary information.

What if something changes after I've submitted a claim?

You can edit or delete your claim at any time before it has been approved for payment. Login to your Care account, and select "My Kids" then "Reimburse Me For Backup Care" then "View Claims." Select "Edit" next to the claim you want to change or delete. If you delete a claim, the Backup Care utilization day will be added back to your account to be used at a later date.